



# Let's go on a scavenger hunt!

Slow down, look closely and discover the amazing world around you. This simple scavenger hunt can be enjoyed by kids and families anywhere—whether you're in a park, on a trail or relaxing in your own backyard. Stay curious and have fun exploring together.



## One Tiny Treasure

Look closely! Find one tiny treasure—maybe a smooth pebble, a shiny leaf or a tiny feather. Notice the little things that often go unseen.

---



## Two Silly Sounds

Listen carefully! Can you hear two silly sounds? It could be a bird chirping, leaves rustling or even your own giggles.

---



## Three Tricky Textures

Reach out and touch something interesting. Can you feel three tricky textures? Look out for rough bark, soft moss or bumpy stones.

---



## Four Calming Colors

Spot four calming colors around you. Maybe the green of leaves, blue of the sky or pink of a flower. Take a moment to notice what makes you feel peaceful.

---



## Five Moments of Gratitude

Pause and reflect. Find five things you're grateful for right here, right now. Are there special things in nature that you're extra thankful for? What are they?